

SHARE THE TRUTH IN LOVE ACTIVITY

Age Range: Elementary - High School

Can you change these statements to be more loving?

1. Your breath stinks!
2. You're mean!
3. I'm angry with you!
4. I don't want you to come.
5. You're being selfish.
6. You're being too loud!
7. You're not my friend anymore!

Sample Answers:

1. Would you like a mint? 😊
2. Is everything ok? You seem a bit stressed.
3. I'm hurt by what you did. Can we talk about it?
4. I'd like some one-on-one time with [insert name] right now, if that's ok.
5. Everyone can enjoy if we share.
6. Wow, you have a powerful voice! I think we're supposed to keep the volume down though.
7. I'm not sure how to be a good friend to you right now. Let's get help, because I want us to be friends.